



J.S. MACK
FOUNDATION

TRANSFORMING COMMUNITY WELLNESS TOGETHER

IMPACT

The YMCA of Indiana County and JS Mack Foundation are partnering to advance a shared vision of transforming community wellness and strengthening Indiana County by providing access to much needed facilities, programming and green-space recreation!



Strengthening Community



Programming/Facility



Green-space Recreation

**For more than 50 years, the
JS Mack Foundation and the YMCA
have worked together to build a
stronger community.**

Did You Know? Our two organizations have a long history of collaboration and are the mainstays the community has come to rely on for their physical, social and emotional health and wellness needs. Our partnership makes the following community benefits possible:

- Together we serve more seniors than any other organization in the county for health, wellness and social recreation.
- Exercise and recreation help the community better manage and reduce chronic conditions and diseases such as high blood pressure, diabetes, arthritis, Parkinson's, etc.
- 100,000+ people visit and enjoy Mark Park and the YMCA annually.
- The YMCA has managed the community pool at Mack Park (since 1995) and Mack Park is home to the Y's robust summer camp program.
- We make it possible for the community to have access to and enjoy the only fully ADA compliant playground and pool in the county. Additionally, we have adaptive programs that eliminate barriers for developmental and intellectually disabled adults and children.
- 2,000 meals per week feed underserved children through the Y's afterschool meal program and now through the Summer Youth Café which provides access to food from June through August at the Mack Park Pool.
- Mack Park is home to the Community Garden, and the Y provides educational summer programs to promote health and teach sound gardening practices.
- The Y provides financial assistance for memberships and programs ensuring no one is turned away based on an inability to pay.

Today, especially when health and social connection are critical, we have re-affirmed our commitment with a bold plan to ensure our communities remain strong and resilient for future generations to come.



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PRIORITIES

YMCA FACILITY RENOVATIONS AND EXPANSION

The Y plans to expand and repurpose spaces that “build a healthy spirit, mind and body for all”, almost doubling our facilities and adding thousands of hours of new programming. Y plans include:

- New wellness center
- Group exercise studio expansion
- Increased multipurpose room space and community rooms
- Additional swimming pool
- Facility renovations including locker room upgrades, teaching kitchen, general improvements to rec center, floors, lighting, equipment and infrastructure improvements

MACK FOUNDATION OPERATING & CAPITAL IMPROVEMENTS

As a charitable organization itself, the JS Mack Foundation is asking the community to support facility improvements and renovations (including new pavilions, picnic tables, equipment, signage, pool improvements) as well as operating costs that support safety and maintenance of the skate park, trees, environmental improvements, and accessibility to existing outdoor spaces in Mack Park. A portion of each donation will be dedicated to ensuring that the community will continue to have access to the beautiful outdoor spaces that have enhanced health and wellness for Indiana County residents for over 85 years.

NATURAL PARTNERS

Our organizations’ work is aligned and we have a long standing and positive track record of collaboration. We feel it is only natural for us to partner to provide the community with a wellness transformation that will lift Indiana County up now and propel us into the future.

NEEDS

To continue to provide Indiana County with the health, wellness, and recreation opportunities that the community has come to rely on, some capital projects must be done. The need for a modern and welcoming facility with year-round access is growing and our ability to support overall health and wellness is critically at risk for both organizations.

The Y has largely run out of space to provide much-needed health and wellness programming and the pool is consistently over-utilized, leaving very little to no family/youth recreational swim time/space.

Mack Park is long overdue for necessary facility repairs including renovations that support safety and maintenance to the pool, playground, skate park, picnic grounds, pavilions, fields and many buildings as well.



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COMMITMENT

PLANS

This unprecedented initiative of transforming health and wellness in Indiana County will result in a systemic commitment and investment by our community to come together as we have to prioritize our commitment to the health of our children, our families, our seniors, and our neighbors. We anticipate:

- Family bonds will be strengthened as parents and children shoot hoops or swim together during more open gym and recreational pool time or take hikes in Mack Park.
- Children and young adults will learn to swim and learn water safety that lasts a lifetime.
- New locker rooms will provide a safe, healthy, private and inspiring environment for members of our community battling cancer and other health issues as well as our young children and families who have a need for enhanced privacy.
- Our teens will find a safe place to go after school for athletic programs as well as programs that provide academic support and preparation for college or career.
- We will be able to offer more group exercise classes, including obstacle training, par core and cross fit.
- Seniors will find plentiful opportunities for socialization, especially important for those who have lost a spouse.
- Residents will enjoy the great outdoors with green space and facilities that are open to all.
- We will be able to support other nonprofits in our community by making our meeting and pavilion spaces available.

FUNDING

This will require unprecedented resources, which is why our organizations have launched a joint campaign to Transform Community Wellness Together and secure over six million in needed resources. We are asking the community to join us in transforming health and wellness in Indiana County and ensure the facilities and recreational green-spaces are preserved for future generations.



**Honored to be part of your history;
Proud to be part of your health,
wellness and recreation future!**

**If you grew up in Indiana County,
chances are we've been part of your
health, wellness and recreation journey!
Where did you learn to swim, fish, or
camp? Share your story of Mack Park
and the YMCA with us!**

[\(Insert link\)](#)

QUESTIONS?

For more information about the campaign, contact:
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