

A young boy and girl are smiling at the camera on a green grassy field. The boy is on the left, wearing a red shirt, and the girl is on the right, wearing a yellow shirt. A large orange basketball is in the foreground on the right side. A semi-transparent red rectangle is overlaid on the image, containing the title text.

SKILLS CHARACTER CONFIDENCE

Youth Activities Guide
YMCA of Indiana County
Spring 2021



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH SPORTS AT YOUR Y HAS BEEN REFRESHED AND REVITALIZED.



REGISTRATION PROCESS

Register using any of the 3 convenient ways:

- ⇒ Online: www.icymca.org
- ⇒ By phone 724.463.9622
- ⇒ In person the YMCA

PROGRAM PRICING

	Y Family Member Rate	Y Youth Member Rate	Non Y Member Rate
Fundamentals	\$18.00	\$37.00	\$74.00
Clinics	\$18.00	\$37.00	\$74.00
Leagues	\$5.00	\$37.00	\$74.00

Joining a program right after school and need a ride?

We have you covered!

Your child can be registered to take a bus to the Y. Once here they will be provided with a snack and homework help.

REGISTER FOR BASKETBALL OR SOCCER AFTER SCHOOL CARE COST \$10

THE "FUN"DAMENTALS

	Age	Start / End Dates	Day / Time
Basketball Fundamentals	3 yrs	March 6–March 27	Saturdays 9:00–9:45 a.m.
Soccer Fundamentals	3 yrs	March 23–April 29	Tuesdays 5:30–6:30 p.m.

The YMCA aspires to have an outstanding developmental program that will provide a high-quality experience to every athlete and volunteer coach in our youth sports programs. Our youth will learn the skills, tactics and strategies of the game while having fun. The young athlete will develop positive characteristics of good sportsmanship and teamwork while strengthening self-confidence and learning life time fitness in an atmosphere that strengthens family and peer relationships.

OUR PROGRAM GOALS ARE TO ...

- ⇒ Build self-esteem
- ⇒ Teach social skills such as values, communication, and human relations
- ⇒ Teach physical skills, fitness and health
- ⇒ Develop responsibility and decision-making skills
- ⇒ Enhance leadership skills in youth and adults
- ⇒ Build relationships among peers and between parent and child
- ⇒ Support and strengthen family life
- ⇒ Create a fun and positive experience for children and their families

THE CLINICS

	Age	Start / End Dates	Day / Time
K-1 Basketball Clinic	5-7 yrs	March 1-March 17	Mondays & Wednesdays 4:30-5:15 p.m.
2-3 Basketball Clinic	7-9yrs	March 2-March 18	Tuesdays & Thursdays 4:30-5:30 p.m.
4-5 Basketball Clinic	9-11	March 2-March 18	Tuesday & Thursday 4:30-5:30 p.m.
U5 Soccer Clinic	4-5 yrs	March 22-April 28	Mondays & Wednesday 5:30-6:30 p.m.
U8 Soccer Clinic	6-7 yrs	March 23-April 29	Tuesdays & Thursdays 4:30-5:30 p.m.
U10 Soccer Clinic	8-9 yrs	March 22-April 28	Mondays & Wednesdays 4:30-5:30 p.m.
U13 Soccer Clinic	10-12 yrs	March 22-April 28	Mondays & Wednesdays 4:30-5:30 p.m.
Soft Toss Spring Training	5-6 yrs	April 7-May 5	Wednesdays 5:30-6:30 p.m.

THE LEAGUES

	Age	Start / End Dates	Day / Time
U6 Co-Ed T-Ball	4-6 yrs	May 18-June 24	Tuesdays & Thursdays 5:15-6:15 p.m.
U9 Co-Ed Coach Pitch	7-9 yrs	May 17-June 23	Mondays & Wednesdays 5:15-6:15 p.m.

SOME OTHER FUN STUFF

TUMBLING

	Ages	Y Family Member Rate	Y Youth Member Rate	Non Y Member Rate	Dates	Days / Times
Tiny Tumblers	1-2 yrs	\$20.00	\$20.00	\$40.00	March 13-April 17	Saturdays 10:00-10:45 a.m.
Toddler Tumblers	3-5 yrs	\$20.00	\$20.00	\$40.00	March 13-April 17	Saturdays 11:00-11:45 a.m.

MAJORETTE PROGRAM

	Y Family Member Rate	Y Youth Member Rate	Non Y Member Rate	Dates	Days / Times
4th grade up	\$20.00	\$20.00	\$40.00	April 20-May 27	Tuesdays & Thursdays 6:30-7:30 p.m.

NO SCHOOL FUNDAYS!

WHEN SCHOOL IS OUT
FUNDAYS ARE IN
THE FUN HAPPENS
DURING ALL SCHEDULED
IASD CLOSINGS!

Register at www.icyma.org



IT'S NOT JUST KID STUFF! PARENTS NIGHT OUT DATE NIGHT

FOR
YOU

GREAT NIGHT

FOR
THEM

THE FUN HAPPENS THE
3RD SATURDAY OF
EVERY MONTH!

Register at www.icyma.org



BUILDING CONFIDENCE IN THE WATER

As “America’s Swim Instructor” the Y has been helping people of all ages gain swimming confidence for decades. Our swim lessons build skills, confidence and character. Our instructors emphasize water safety, social skills and problem solving in each of our offerings. Whether you are a beginner, intermediate or advanced swimmer we offer a variety of options at an affordable rate.

SWIM LESSON REGISTRATION DATES ...

Y Members registration opens February 8

Non-Y Members registration opens February 15

SPRING I SESSION

STARTS MARCH 2

SPRING II SESSION

STARTS APRIL 19

SUMMER SESSION

STARTS JUNE 7



Adult & Youth Private and Semi-Private Swim Lessons

Y Private and semi-private swim lessons offer the opportunity to learn in a one-on-one setting. Students are paired with a caring instructor based on needs and abilities.

Group Swim Lessons

Group lessons are based on age and ability of the participant. Swim lessons develop competency in swimming, along with confidence and endurance. A participant is advanced to the next level only when he or she can proficiently and safely perform the skills within his or her level. Please refer to <https://icymca.org/programs-and-activities/aquatics/swim-lessons/> and follow the assessment to see what group your child should start with.

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PROGRAM PRICING

	Y Family Member Rate	Y Youth Member Rate	Non Y Member Rate
Group Lessons	\$39.50	\$39.50	\$78.75
Private Lessons	\$80.00	\$80.00	\$130.00
Semi-Private	\$50.00	\$50.00	\$90.00

A LEAGUE OF THEIR OWN

The Miracle League of Indiana County (MLOIC) provides individuals with disabilities the opportunity to play baseball like their brothers, sisters and friends.

**MIRACLE LEAGUE SPRING SEASON MAY 8-JUNE 26
FOR PLAYERS AGES 5-18.**

Cost is \$35

Youth games are played Saturdays at 10:00 a.m.



Angels in the Outfield

The Miracle League has many volunteers in each league that are so important to the success of the program. The Angels in the Outfield or in some cases called "Buddies" are extra special to the children playing baseball. They are the ones who team up with each player to help the children in the outfield and help them around the bases when they get that all important hit.





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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF INDIANA COUNTY

60 N. BEN FRANKLIN RD

INDIANA, PA 15701

724.463.9622

WWW.ICYMCA.ORG

**These corporate partners make
so much more possible!**

To learn more about becoming a corporate partner email KelseyKrynock@icymca.org



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