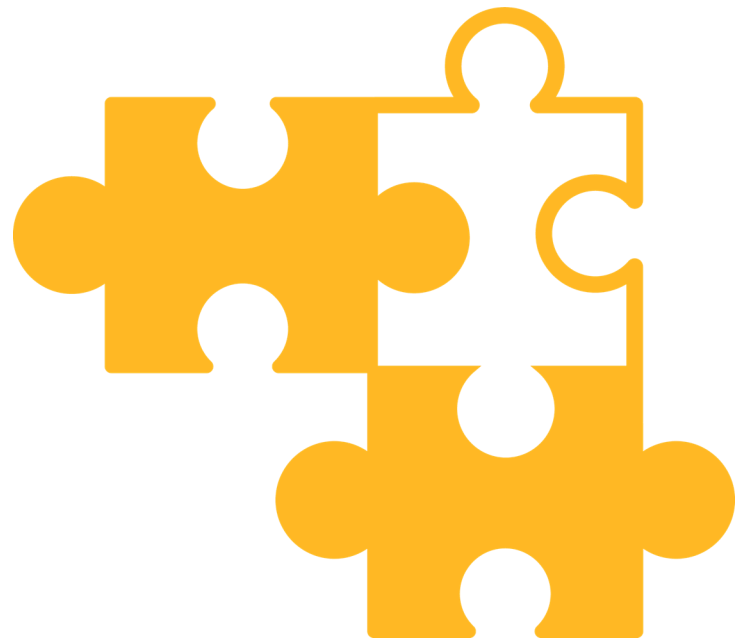




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



CONNECTING THE COMMUNITY ONE PIECE AT A TIME

**YMCA of Indiana County
2016 Annual Report**



GROWING OUR COMMUNITY TOGETHER

YMCA Family and Friends:

Every day we look for new ways to make a positive contribution to our great community. 2016 was no different. We enhanced the reach of our current programs and found new ways to serve our community. Our success with special events and our Annual Fund efforts are the foundation for our cause-driven, mission-oriented programs. Big Hearts Little Hands Mentoring, The Miracle League of Indiana County, the 7th Grade and Middle School Initiative, and Send a Kid to Camp provide youth in our community the opportunity to succeed in life, opportunities for health & wellness improvement, and to build healthy relationships in ways that wouldn't be possible without the YMCA.

We are always looking for ways to create new partnerships that enhance local services and programs. Last year we established new partnerships with the Alice Paul House, The Open Door, J.S. Mack Foundation, Celebrate Recovery, Indiana Regional Medical Center and the Indiana Country Club. We believe that collaboration in our community is critical.

The Inaugural Star Spangled Celebration took place July 3, 2016 at Mack Park. Working together with the Alice Paul House, The Open Door and J.S. Mack Foundation, we led a community-wide event that focused on fun and family and culminated with fireworks. That day saw thousands of people of all ages come to the park to enjoy children's activities, great food, various games and activities, a kids play zone, a concert in the grandstand and one heck of a fireworks display.

In July, we began providing lifeguards and swim lesson instructors at the Indiana Country Club's beautiful swimming pool. We were pleased to further our work as a leader in aquatics in Indiana County. We are committed to doing all we can to ensure the aquatic safety of the children throughout the county.

In August we began working each day with the talented staff of IRMC to provide a full continuum of care for all levels of health and wellness ability. Together it is our goal to be able to provide the most comprehensive of care for our community.

In September we welcomed Celebrate Recovery to the YMCA. This 12 step faith based program helps people deal with the difficulties they may be experiencing in everyday life. Dozens of participants come together each Sunday for a delicious meal, a service and breakout sessions that provide them a safe and supportive environment to talk about their own hurts, habits and hang-ups.

We continued with year two of the Summer Lunch Program. We served lunches Monday through Friday at the concession stand at Mack Pool. We were again humbled by the volume of individuals who need such a critical service. In total we served nearly 6,000 free lunches to children in our community who otherwise might go hungry for the day.

Finally, we were thrilled to be able to grow our Miracle League program to over 200 participants and nearly the same number of volunteers for our two seasons of baseball. Additionally, through the support of a grant from the United Way, we were able to add more Miracle Programming that includes both basketball and soccer programming for people with special needs. We are excited for the opportunity to continue and grow this new line of programming at the YMCA.

I've been blessed to lead such a great team of staff and volunteers here at the YMCA. Each day I see their commitment to our members, guests, program participants and the Indiana community. It is my pleasure to be a part of such a great organization.

Thank you

Eric J Neal

Eric Neal
YMCA of Indiana County,
CEO

OUR MISSION

The mission of the YMCA is to put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

OUR VALUES

We believe that when we devote our full strength to the Y's mission and cause, work in partnership with others, and build on our history of innovation, we can address the most pressing issues of our time unlike any other organization. At the YMCA of Indiana County, we strive to live the values below every day. To do so, we have developed our Y's Value's Puzzle which states how we will demonstrate our values to our members, to our youth, to our volunteers, to our donors, to our community, and to our staff – each other.

HONESTY

Be truthful in what you say and do

- Be genuine and consistent in your behavior
- Be accountable for tough conversations accepting feedback graciously
- Do what you say you will do and lead by example

RESPECT

Follow the Golden Rule

- Enter each relationship with a spirit to understand
- Treat others with dignity and compassion
- Manage your time and resolve to find answers

TEAMWORK

Work in harmony with others to support and serve

- Offer your strengths to help others win
- Ask for help to deliver better programs and services
- Provide and accept constructive feedback

CARING

Show a sincere concern for others

- Greet everyone with a smile exhibiting positive body
- Form relationships through purposeful engagement with meaningful conversations and open-minded questions
- Empathy and patience are evident in relationships

RESPONSIBILITY

Be accountable for your promises and actions

- Be proactive owning your role in the Y
- With due diligence perform at a level of excellence
- Be a steward of resources

2016: A YEAR IN REVIEW

SWIM TEAM

YMCA Swimming provides a supportive community in which participants build relationships, feel a sense of belonging and realize achievements in and out of the pool. The impact of these programs, people and experiences affect young people for a lifetime.



120
SWIMMERS
80
FAMILIES

MIRACLE PROGRMS

In 2016 the YMCA was proud to provide additional adaptive sports to it's Miracle League participants. These sports included soccer and basketball. During these skills clinics, participants 8 & older were able to focus on learning sport skills specific to that skills clinic. All of the skills taught during the sessions were adaptable.

WEIGH TO GO

This program is not only for weight loss, but also focuses on increasing energy, strength and endurance, decreasing stress, improving flexibility, developing balance and overall health. The program continues to see success. In 2016, the overall weight loss was **153 lbs** for the group. Weight to Go provides an individualized workout plan, accountability, lasting relationships with others, and improved self-esteem.

ACTIVEQUEST

A fitness assessment program designed to point our members in the right direction and to guide them down the path to success! We offer everyone one-on-one sessions with a specialized trainer to discuss goals, interests and baseline.

MEMBERS SERVED

Youth	2,096
Adult	4,241
Senior	2,020
Total	8,357

SUMMER FOOD PROGRAM

Children need good nutrition all year long. When school is out during the summer months, many children no longer have access to even one nutritious meal each day. Summer Meal Programs help to fill the gap. In 2016, the YMCA of Indiana County providing **FREE** summer lunches to children 18 and under as part of the Department of education's summer food program.



Were provided
to children in
the Indiana
County
Community.

VOLUNTEER HOURS

Policy Volunteers:	24
Policy Volunteer Hours:	1824
Program Volunteers:	315
Program Volunteer Hours:	8,355

FINANCIAL ASSISTANCE AWARDED

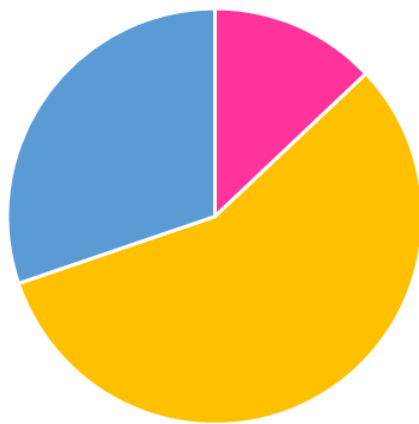
Number of people receiving financial assistance	1,124
Value of Program Scholarship Awards	\$58,448
Value of Membership Scholarship Awards	\$228,312

COMMUNITY SUPPORT 2016

Financial/Charitable Assistance Provided	\$376,934
Facility support to other local not-for-profit organizations	\$286,760
Direct support to other local not-for-profit organizations	\$74,400
Community outreach	\$10,677
	\$5,100

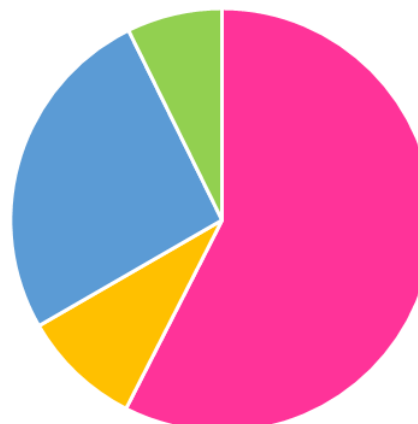
FINANCES

2016 Financials



- Contributions
- Membership
- Program and Other

2016 Expenses



- Salaries/Wages/Related Expense
- Occupancy
- All Other
- Depreciation

REVENUE	2016	2015	2014	2013
Contributions (inc. UW, AF, MLOIC)	\$243,962	\$317,469	\$283,183	\$270,092
Membership	\$1,070,039	\$1,078,863	\$1,080,299	\$1,008,592
Program and Other	\$569,164	\$448,242	\$477,740	\$87,904
Total Revenue	\$1,883,165	\$1,844,574	\$1,841,222	\$1,866,588
EXPENSE				
Salaries/Wages/Related Expense	\$1,095,209	\$1,107,860	\$1,051,221	\$950,117
Occupancy	\$174,578	\$202,306	\$191,912	\$205,388
All Other	\$495,627	\$475,597	\$457,732	\$405,420
Depreciation	\$138,978	\$132,326	\$123,988	\$130,060
Total Expense	\$1,904,392	\$1,918,089	\$1,824,853	\$1,690,985
Excess of Revenue over Expense	\$-21,227	-\$73,515	\$16,369	\$175,603

THANK YOU DONORS

FOR ENRICHING LIVES

Thank you for your contributions of time, talent and treasure to support the YMCA of Indiana County. Because of your commitment, we are making a greater impact—strengthening our community through youth development, healthy living and social responsibility. This is a comprehensive list of all contributions made to the YMCA & Programs we offer.

YMCA CORPORATE PARTNER: \$10,000-\$24,999

First Commonwealth Bank Ralph & Ruby Smith Charitable Trust The PNC Charitable Trust

YMCA GOLD CIRCLE: \$5,000-\$9,999

Pittsburgh Pirates Charities Indiana Regional Medical Center S & T Bank

YMCA CHAIRMAN'S ROUNDTABLE : \$2,500-\$4,999

BPO Elks Indiana Lodge 931 The Reschini Group UPMC Health Plan

YMCA HERITAGE CLUB \$1,000-\$2,499

Ameritas Financial Services	Indiana First Bank	Dr. Brian & Andree Petras
Bill Shuster for Congress	KITS Brokerage Inc.	Phoenix Rehabilitation
Carl S and Wanda M Weyandt Foundation	Andy & Laurie Kuzneski	Dane & Kristin Rombaugh
CNB Bank	Tamara & Jason Leeper	David & Shelley Ruddock
Force Inc.	Matrix Fitness	State Correctional Institution at Pine Grove
Dr. & Mrs. Brian Foulk	Dr. Kolby Mumau	Tri Star Motors Inc
Fred & Madonna Hayes	Fred & Ellen Musser	Harold & Helen Wood
Helwig Agency	Eric & Jodi Neal	Mark & Cathleen Zilner
Homer City Generation, LP	New Story	

YMCA ADVOCATE: \$500-\$999

American Legion Post 141	Mark & Amanda Hilliard	Dave & Heather Reed
Bank of America Charitable Foundation	Indiana Eye Care Inc.	Rosebud Mining Co.
William & Julie Bracken	Dr. & Dr. Jabir	Scott & Karen Weber
Brett & Catherine Braun	Media Displays, Inc	Fritz Winterhalter
Clark Metal Products Co.	James & Meg Mill	Deborah Wright
Harold Everett	Caleb & Stephanie Moore	WTC Heavy Truck & Auto Repair
Susan & Sean Griffith	Bradley & Diane Peterson	

YMCA PATRON: \$250-\$499

9th Street Deli	Holsinger, Clark & Armstrong	Kuzneski & Lockard, Inc.	Shelocta Community Presbyterian Church
Bayada	Indian Springs eye Associates	Steve & Jodie Margita	John & Chelsea Steigert
Blairsville/Saltsburg School District	Indiana County Chamber of Commerce	McDonald's	Lucinda & James Szalankiewicz
Cavalancia Orthodontics	Indiana Moose Lodge 174	John Morganti & Lare Hebert	Thomas Harley Architects
Dimaond Drugs, Inc.	Indiana Total Therapy	NRG	William G. Mechling Insurance Agency, Inc.
Douds of Plumville Inc.	Dr. Todd & Stephanie Keppich	Dominic & Diana Paccapaniccia	
Don & Nancy Helsel	Kiwanis of Indiana PA	Robinson-Lytle Inc.	
Highmark		Shawn & Michele Sebring	

YMCA FOUNDER: \$100-\$249

Richard Anderson	Robert Fyock	Chuck & Peach Mack	Samuel & Celinda Scott
Armstrong County Industrial Development Council	Ronald E. Gardner	Robert Jr. Manzi & Amy Shope-Manzi	Barbara Sebastian
Beacon Ridge	Dr. Donald & Debbie Gibbon	Ronald Marshall	Sheetz Corp.
Marilyn Brown	G. Nelson & Janet Hill	Master Subways, Inc.	Shoenfelt Plumbing & Heat Inc.
Rachel & Roman Carloni	Jeff Howarth	Gail McCauley	Sleepy Chiropractic
Larry Catlos	Indiana Gazette	Ronald & Ronda Mears	John Somonick
Clay & Gascoine LLC	Indiana Insurance	Mohawk Lanes Inc.	Chad Stigers
Creps United Publications	Dr. Amy Jamison	PHN Charitable Foundation	Strike Zone
Kelsey Doak	Dr. & Mrs. Alex B. Juhasz	Michael & Dr. Heather Powers	VFW
Elderton State Bank	Jerry & Susan Kozusko	RFI Energy, LP	Denise Watson
Fraternal Order of Eagles	Kuzneski & Lockard, Inc.	Stephen & Molly Roach	Harold & Elizabeth Wingard
Friends of Dave Reed	Lake Psychological Services	Stacey Robertson	William E. Thompson Insurance Agency, Inc.
Friends of Don White	Floyd & Ella Lewis		Chris & Jen Villa
Byron & Joyce Frick	Joe & Janet Lombardi		Dr. Frank E. Zbignewich

YMCA SUPPORTER: \$1-\$99

James & Judith Ashbaugh	Roxie Johnson	Abby Miller	Leonard & Joan Smith
Gerald & Patricia Craig	Timothy & Susan Johnson	Barbara Miller	John St. John
Marian Creps	Gregory & Barbara Kupetz	Rick Nedley	Nelson & Judith Stahlman
Marjorie Cummins	Jan Lackey	Patricia O'Hara	Sue Hewitt Dance Studio
Raymond Greenawalt	Sandra Lear	Landon Prutzal	Brian Troup
Gabriella Guttman	K.L. Lippman	Audrey Shaffer	Pothen & Keiko Varughese
Ron & Denise Hatter	Robert Little	Stephanie Skowron	Lura Vereb
Indiana Area Chapter PIAA	Donald & Linda McPherson	Sandra Slongier	

