

Gymnasium Schedule January 1st-March 31st

Gym A: on left as you walk in Gym B: on right as you walk in *PLEASE NOTE THE CHANGES* Everything in GREEN is open gym

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B
630-730 Adult Pick-up Basketball	530-10 OPEN GYM	615-715 Discover	530a-4p OPEN GYM	630-730 Adult Pick-up Basketball	530-10 OPEN GYM	615-715 Discover	530a-7p OPEN GYM	630-730 Adult Pick-up Basketball	530-10 OPEN GYM	730-830 BodySculpt	Youth Basketball 9a-1p
7:30-9 OPEN GYM		730-830 Transform		7:30-9 OPEN GYM		730-830 Transform		7:30-9 OPEN GYM		830-130 OPEN GYM	
9-10 Super Seniors	9-10 Silver N Fit Balance	9-10 Super Seniors		9-10 Silver Sneakers Circuit	9-10 Sr. Zumba	Adapted Dance 1-2					
10-11 Silver Sneakers Classic	10-11 Silver Sneakers Classic	10-11 Silver Sneakers Classic		10-11 Silver Sneakers Classic	10-11 Silver Sneakers Classic			Possible Birthday Party Rentals 130pm-6pm Gym A may be closed			
11-12 OPEN GYM	11-530 OPEN GYM	11-12 OPEN GYM		11-12 WICKED	11-12 OPEN GYM	11-12 Zumba			2-6 OPEN GYM		
12-3 Pickle Ball		12-3 Pickle Ball		12-3 Pickle Ball	12-3 Pickle Ball	1045a-530p OPEN GYM				12-3 Pickle Ball	12-3 Pickle Ball
3-530 OPEN GYM	530-730 Youth Basketball	530-630 Zumba		3-530 OPEN GYM	530-730 Youth Basketball	3-530 OPEN GYM			3-830 OPEN GYM	Possible Birthday Party Rentals 130pm-4pm Gym A may be closed	
530-630 R.I.P.P				530-630 Abs, Buns and Guns	530-630 Zumba			530-630 Ready to Be Fit			1245-5 OPEN GYM
630-730 Pound	630-730 BodySculpt	630-8 OPEN GYM		630-730 Discover	730-8 OPEN GYM	630-8 OPEN GYM		7-8 Pickle Ball	630-730 OPEN GYM	Gym A Closes at 4:30	
8-945 OPEN GYM	8-945 Adult Sports	8-945 Adult Sports		8-945 Adult Sports	8-945 Adult Sports	8-945 Adult Sports		8-945 Adult Sports	730-830 OPEN GYM		

Sunday

Discover runs Jan 8-March 29 *Pound runs Jan 8-Feb 26* *Some of the gym might be in use for Fun Days on Jan 15, Feb 19, March 16, 19, & 31*
Adaptive Dance runs Jan 20-Feb 24 *Youth bball runs Jan 22-March 10*