

Gymnasium Schedule August 19th-October 28th

Gym A: on left as you walk in Gym B: on right as you walk in ***PLEASE NOTE THE CHANGES*** Everything in **GREEN** is open gym

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B
630-730 Adult Pick-up Basketball	530-10 OPEN GYM	615-715 Discover	530a-730p OPEN GYM	630-730 Adult Pick-up Basketball	530-10 OPEN GYM	615-715 Discover	530a-7p OPEN GYM	630-730 Adult Pick-up Basketball	530-10 OPEN GYM	730-830 BodyPump	7:30-6 OPEN GYM
7:30-9 OPEN GYM		730-830 Transform		7:30-9 OPEN GYM		730-830 Transform		7:30-9 OPEN GYM		830-130 OPEN GYM	
9-10 Super Seniors	9-10 Silver N Fit Balance	9-10 Super Seniors		9-10 Silver Sneakers Circuit	9-10 Sr. Zumba	Possible Birthday Party Rentals 130pm-6pm Gym A may be closed					
10-11 Silver Sneakers Classic	10-11 Silver Sneakers Classic	10-11 Silver Sneakers Classic		10-11 Silver Sneakers Classic	10-11 Silver Sneakers Classic						
11-12 OPEN GYM	11-12 BodyPump	1045-530 OPEN GYM		11-12 OPEN GYM	11-12 WICKED	11-12 Zumba					
12-3 Pickle Ball	12-3 Pickle Ball			12-3 Pickle Ball	12-3 Pickle Ball			12-3 Pickle Ball	12-3 Pickle Ball		
3-5:30 OPEN GYM	4-630 Adult Pick-up Basketball	530-630 Zumba		3-530 OPEN GYM	3-8 OPEN GYM	3-830 OPEN GYM					
530-630 R.I.P.P				530-630 Abs, Buns and Guns				530-630 Zumba	530-630 Ready to Be Fit		
630-7:30 Pound	630-8 OPEN GYM	630-730 BodyPump		6:30-7:30 Discover	630-8 OPEN GYM	7-8 Pickle Ball		630-730 OPEN GYM			
8-945 OPEN GYM		8-945 Adult Sports		8-945 Adult Sports		8-945 Adult Sports		8-945 Adult Sports	730-830 OPEN GYM	3-830 OPEN GYM	
8-945 Adult Sports		8-945 Adult Sports		8-945 Adult Sports		8-945 Adult Sports		8-945 Adult Sports			Gym A Closes at 4:30

Discover runs Sept 11-Dec 1* *Pound runs Sept 11-Oct 30* *Adult sports begin on Sept 13* *Half of gym closed Oct 26 from 11 am-3 pm* *The entire gym will be closed from 4:45-9 pm on Oct 27* *Half of gym closed from noon-close on Oct 28* *Half of gym closed Sept 27 from 4:45-8 pm