

# Gymnasium Schedule May 31st-Sept 4th

Gym A: on left as you walk in Gym B: on right as you walk in \*PLEASE NOTE THE CHANGES\*

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday				
Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B			
630-730 Adult Pick-up Basketball	530-10 OPEN GYM	730-830 Transform	530a-730p OPEN GYM	630-730 Adult Pick-up Basketball	530-10 OPEN GYM	730-830 Transform	530a-7p OPEN GYM	630-730 Adult Pick-up Basketball	530-10 OPEN GYM	730-830 BodyPump	7:30-6 OPEN GYM			
7:30-9 OPEN GYM		830-9 OPEN GYM		7:30-9 OPEN GYM		830-9 OPEN GYM		7:30-9 OPEN GYM		830-130 OPEN GYM				
9-10 Super Seniors	10-11 OPEN GYM	9-10 Silver N Fit Balance		9-10 Super Seniors	10-11 OPEN GYM	9-10 Silver Sneakers Circuit		10-11 Silver Sneakers Classic	9-10 Sr. Zumba	10-11 OPEN GYM		11-12 OPEN GYM	11-12 Zumba	Possible Birthday Party Rentals 130pm-6pm Gym A may be closed
10-11 Silver Sneakers Classic		10-11 Silver Sneakers Classic		10-11 Silver Sneakers Classic		10-11 Silver Sneakers Classic			10-11 Silver Sneakers Classic					
11-12 OPEN GYM	11-12 BodyPump	1045-530 OPEN GYM		11-12 OPEN GYM	11-12 WICKED	1045-530 OPEN GYM		1045-530 OPEN GYM	11-12 OPEN GYM	11-12 Zumba		12-3 Pickle Ball	12-3 Pickle Ball	Possible Birthday Party Rentals 130pm-4pm Gym A may be closed
12-3 Pickle Ball	12-3 Pickle Ball			12-3 Pickle Ball	12-3 Pickle Ball				12-3 Pickle Ball					
3-5:30 OPEN GYM	4-630 Adult Pick-up Basketball	530-630 Zumba		3-530 OPEN GYM	3-8 OPEN GYM	530-630 Zumba		530-630 Zumba	3-530 OPEN GYM	3-830 OPEN GYM		630-730 OPEN GYM	630-730 OPEN GYM	1245-5 OPEN GYM
530-630 R.I.P.P				530-630 Abs, Buns and Guns					530-630 Ready to Be Fit					
630-8 OPEN GYM	630-8 OPEN GYM	630-730 BodyPump		6:30-7:30 Core Crusher	630-8 OPEN GYM	630-8 OPEN GYM		630-8 OPEN GYM	7-8 Pickle Ball	730-830 OPEN GYM		730-830 OPEN GYM	Gym A Closes at 4:30	
8-945 OPEN GYM		730-945 OPEN GYM		8-945 Adult Sports					8-945 OPEN GYM					8-945 OPEN GYM

## Sunday

\*Gym B is closed for Senior Health & Fitness Fair on May 30 at 7:30 pm until May 31 at 2 pm\* \*Half of gym is closed June 2nd 12-3 pm for Graduation party & possibly on June 6th 12-3 pm\* \*Gym will be closed for bball camp June 12-16 from 8 am-noon\* \*YMCA is closed for Annual Shutdown at noon on August 26 & will open back up at normal hours on Sept 5\*