

7th Grade Initiative

The YMCA of Indiana County 7th Grade Initiative is a part of the YMCA of the USA's national movement to get teens off the street and into a positive and caring environment. At the YMCA of Indiana County, any 7th grade student in our service area is given a FREE membership while he/she is in their 7th grade year in school. It's that simple! We believe that there are many benefits to having our youngest teens involved in something productive after school. That's why we've provided them a place to call their own. Our 1,400 foot recreation center is dedicated to teens after school and on Saturdays. We give them a place to hang out, study, get homework help, play games, volunteer or participate in other YMCA programs. In 2013 over 65 different 7th graders participated in this program.

Big Hearts Little Hands

BHLH is a mentoring program of the YMCA of Indiana County. Statistics show that children with adult role model mentors demonstrate solid improvements, especially in the area of school attendance, attitude and a chance for higher education. At the YMCA we match "Bigs" who meet weekly with our "Littles" to provide that positive example, supporting adult relationship, and friendship that may be diminished or absent in a youngsters life. We want to make a lasting impact on these youth today so as to help them make better decisions tomorrow. Our Bigs help build self esteem, reinforce their Little's achievements and serve as positive role models. In 2013, we served 102 different "Littles."



All Bigs are YMCA volunteers committed to making a difference in the life of a young person, but it doesn't stop there. By doing this, our Bigs make a difference in our community by steering their Littles to making solid life changes that will have a lasting positive impact in our home town. Mentoring doesn't just affect the young person. As a mentor, you will find yourself making a difference and having a positive effect on this young person's life, but you will also be surprised to learn more about yourself than you may have expected. Decide you are ready to make a difference. Call today!



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Our Mission: to put Christian principles into practice through programs that build a healthy spirit, mind and body for all.



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FOR A HEALTHY COMMUNITY

YMCA of Indiana County Community Benefit Report 2013



WHO WE ARE

The YMCA of Indiana County's reach...

- YMCA of Indiana County, Indiana
- Mack Park Swimming, Indiana
- After School Sports, Indiana
- YMCA Teen leaders Club, Indiana
- Summer Reading program collaboration with Life Steps, IUP and Indiana School District.

The YMCA of Indiana County...

- serves all ages, races, faiths, incomes, backgrounds and abilities.
- provides life-changing programs for youth and teens during critical non-school hours.
- encourages healthy eating and active living as a way to fight childhood obesity.
- partners with the United Way, schools and other service human service organizations and businesses.
- encourages volunteerism.

AREAS OF FOCUS

FOR YOUTH DEVELOPMENT

We believe that all kids deserve the opportunity to discover who they are and what they can achieve. That's why, through the Y, millions of youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement. Here at the Y of Indiana County, we offer a number of different ways that youth can become involved through enrichment, camp and youth sports activities.



FOR HEALTHY LIVING

In communities across the nation, the Y is a leading voice on health and well-being. With a mission centered on balance, the Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, millions of youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body. The Y is poised to face the challenges of our nation and the communities we serve.



FOR SOCIAL RESPONSIBILITY

The Y in Indiana County has been listening and responding to our communities' most critical social needs for 100 years. Whether developing skills or emotional well-being through education and training, welcoming and connecting diverse demographic populations through global services, or preventing chronic disease and building healthier communities through collaborations with policymakers, the Y fosters the care and respect all people need and deserve.



AMPLIFIED GENEROSITY

At the YMCA of Indiana County, we are invested in the community in many ways:

- Our commitment to serving others throughout the Indiana County area allows us to be one of only a handful of organizations that can claim service to members and program participants in each of the zip codes throughout the county.
- Our commitment to supporting other organizations with a mission and vision similar to ours, allows us to provide support to 20+ other local not-for-profit organizations by permitting them to utilize the YMCA facilities and or services at a much reduced rate thus allowing more of their hard earned dollars to be put towards serving their clients.
- We give back! 100% of our leadership team and board of directors is committed to the mission work of the YMCA, that is why each of them make a personal pledge to our Annual Fund Campaign that allows the YMCA to provide programs and services to those who would not otherwise be able to afford them on their own.
- Local support. The YMCA provides nearly \$10,000 in direct support to other local not-for-profit organizations in the form of membership, gift certificates, program vouchers to use at their discretion to directly support their valuable mission work.

LIVES TOUCHED

YMCA of Indiana County serving the community

Community Support 2013

\$308,789

- Financial Assistance Provided for membership & programs: \$227,495
- Facility support to other local not-for-profit organizations: \$ 73,766
- Direct support to other local not-for-profit organizations: \$ 7,528

Members Served 2013

5,178

- Youth 1,390
- Adult 2,878
- Senior 1,288

Financial Assistance Awards offered in 2013

- Number of membership units receiving Financial Assistance 482
- Number of people receiving Financial Assistance 1,006
- Number of Program Scholarship Awards 917
- Value of Program Scholarship Awards \$48,312

Volunteers:

- Number of Policy Volunteers 22
- Number of Policy Volunteer Hours 1665
- Number of Program Volunteers 265
- Number of Program Volunteer Hours 7380

Programs:

- Non-Member Program Participants: 771
- Children Taught to Swim: 1,296
- Special Event/Community/Family Day participants 2,533